Independent Woman, Vol. XII (1933)



Dashing affairs are those small gay hats, placed with a careful carelessness

Of one thing you may be certain! In Chicago-if you attend the Biennial Convention, you will be surrounded by smart women. And that goes for looks, as well as intellectual attainments.

If you are clever, therefore, before packing the good old wardrobe trunk, you will give a little thought to a clothes line designed for chic as well as utility—one adaptable to a variety of occasions. This will not necessarily entail a vast expenditure of money. A little time and effort will prepare you for anything on the diversified program.

So, first of all, make up your mind that you are going to be smart! When you are 17 it is quite in keeping to look as dewy as a pink rose on a rambler bush, but when you are 27 or 37, put aside the beguiling young charms. Men-employers and otherwiseprefer subtle allure, smartness that says right out loud that you have gone to your office or school room for several years and are decidedly not a novice.

Madame Nicole, world-famous designer,

Style Hints

By Helen Welshimer

whose hats are seen in the most exclusive gatherings in the country, is recognized as an expert in the charm school. Yet the rules which she lays down

are very simple.
"Don't look like every other woman," she advises. "American women want to make themselves into uniform creatures. They look like so many paper dolls cut from the same pattern. A woman can't be distinctive and outstanding when she looks exactly like the women who work with her. American women lack individuality. It takes courage to wear something new that will set you apart, I know. But do it! Be distinc-

"Sweetness is out. The appearance of youth should not be cultivated by a woman who has passed the débutante age. Smartness and chic are a better investment."

Business men who are employing women, professional men who are greeting profes-

sional women as associates-and those dearlyloved trousered creatures who make the afteroffice-hours interesting-like their women smart! They like them sophisticated in their choice of wardrobes. Confidence and intelligence needed for business emergencies are expressed in a woman's appearance, says Madame Nicole.

"American women want to be sixteen forever! They have a pink and blue complex. Not because they feel more comfortable that way, but because they mistakenly believe that American men measure the batting effort in efficiency by years. The American woman's trouble is that she wants to look young and

foolish.

"The thing to remember is that frocks aren't important in a wardrobe. Any old one will do, if it is becoming, but the wise woman will make sure that her hat, shoes, fur and gloves are right. They are the details that make up her ensemble. And in these details introduce contrast. If the top of your dress (Continued on page 256)

INDEPENDENT WOMAN

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we believe that marriage must be a voluntary state and not a bondage."

The small amount of alimony which is usually paid by the husband may work an injustice on women who have little children or who are too old to find a job. Where our law is far too generous,allowing as it does, alimony to women who are perfectly capable of supporting themselves,--the Danish law adheres perhaps too closely to the principle that a woman who is no longer contributing her services in marriage, shall not receive much in the way of compensation. I still believe, however, that the principle of the Danish law is the sounder one and that it develops strength and self-respect in women.

Their healthy self-respect is the most striking thing about Danish women. They have thrown overboard, for good and all, the double standard. It is generally known that the young men and women at the University of Copenhagen form liaisons. Many of these young couples remain faithful to each other, and marry when they are ready to make a start in life. This means that when and if they do marry, it is for very sober reasons. The experiment they are making is not unlike Judge Lindsay's companionate marriage. It is significant that such a relationship hurts neither the young woman's nor 2-Whole Beets the young man's reputation. It is con- 6-Fresh Asparagus Tips

sidered their own private affair. Some Lettuce, Sweet Pepper and Chopped Egg of my readers may feel that it is unfortunate for women to gain their freedom by descending to men's level. My only answer is that so long as we Anglo-Saxon women idealize sex, while men regard it in a realistic light, we shall remain the slaves of our emotions,

Midsummer Nights

(Continued from page 241)

Be original in the arrangement of your flowers and furniture. One New York decorator added a brilliant touch to a penthouse terrace with an ordinary pushcart, the sort the grocer's boy uses to deliver your provisions. Painted in vivid colors and laden with plants and flowers, it is decorative and amusing, with the added advantage that the flowers can be wheeled from the shadow into the sun,

With small effort and expense, and originality, you will have a little haven where you can spend many a delightful evening, with friends or alone except for the companionship of a book. And when once you have known the pleasure that such a simple escape affords, you will not contemplate another summer without it.

in your combinations if you like, but you need not be an accomplished cook to prepare even the most elaborate of the specialties mentioned above. Here are the recipes:

HALIBUT IN ASPIC

1-10 oz. Slice Cooked Chicken Halibut Steak

6-Fresh Asparagus Tips

2-Slices Tomato

2-Diamond Shape Green Peppers

12-Cooked Green Peas

1-Leaf Sheet Gelatine

1/2-Cup Clear Fish Bouillon.

Put into a pan the bouillon and add the gelatine, heat until the gelatine is melted. Remove from fire and pour some of the liquid into a mould 1/4" deep and set aside. When the aspic is firm, make a fancy decoration with the sliced tomato, green pepper and peas. On top of the vegetables set the cooked halibut steak. Reheat the remainder of the aspic and pour over the fish in the mould. Set mould in ice box as you would jello and when ready to serve, remove from mould. Place the then finished halibut aspic on a plate lined with lettuce. At each side of place place a bundle of 3 fresh asparagus tips covered with a ring of sweet pepper.

COLD VEGETABLE LUNCHEON

- I-Large Tomato
- 3-Tablespoons Diced Chicken and Celery Salad
- 1-Bouquet Cauliflower quartered

for Garnish, with Half Moon Dressing.

On a platter lined with lettuce, center a peeled fresh tomato stuffed with chicken and celery diced and mixed with a teaspoon of mayormaise. At each end, place a bundle of 3 fresh asparagus tips covered with a ring of sweet pepper. Around the tomato in four sections place a fan of sliced beets topped with the quartered cauliflower bouquet.

For the Half Moon Dressing:-Into a bowl put two tablespoons of prepared mayonnaise, 1 teaspoon chili sauce, 1/4 teaspoon worcestershire sauce and I tablespoon of whipped cream. Stir the above ingredients until evenly blended.

LOBSTER HALF MOON

11/4 lbs.--Chicken Lobster

1/4-Cup of Diced Celery

1-Green Pepper Diced

1/2-Teaspoon Chopped Chives

1-Teaspoon Tarragon Vinegar

3—Tablespoons Mayonnaise

1-Tomato

1-Bunch Watercress

I—Cucumber Vernon

Lettuce, Anchovy Filets, Capers and Sweet Pepper for Garnish.

Take a whole chicken lobster and As for the food you serve, be original boil for 10 minutes; when cool, split down the back in half and remove the meat. Dice the meat and mix with the green pepper, chopped chives, tarragon vinegar and I tablespoon of mayonnaise. When well mixed return the mixture to the two half shells and spread 2 tablespoons of mayonnaise over the top of mixture until it is even with the shells. Then make a cross section of anchovy filets and sweet peppers on top of lobsters and sprinkle capers over that.

Now set the finished lobster in a Half Moon shape on a plate lined with lettuce. Make a nest of watercress and set sliced tomato in it.

Cucumber vernon is a cucumber cut in shoe string shape and mixed with sour cream.

Style Hints for Sophisticates

(Continued from page 236)

is white, wear a black hat. If it is black, choose a white hat. Never must the top of the frock and the hat be the same color, if the combination is black and white. If you have a gray suit, don't use gray accessories. American women do,

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almost invariably, and such a solemn color scheme is enough to bore anyone. It is too solid. Instead, choose royal blue for your pocketbook and hat, or try a gay, dashing red.

"Don't be airaid of colors. Be gay when you want to be gay. And when you want to be solemn—be gav. too!"

All of which is worth remembering when you start packing for the gala trip to Chicago. Don't choose something dark and sombre because you feel it is "serviceable." There are too many materials now that provide feminine allure, business efficiency and professional rating all at the same time-with no sacrifices.

The program includes conferences, teas, sight-seeing, lectures, in addition to those extra-curricular jaunts to cool spots where the blue breezes of Lake Michigan blow enchantingly. Then in addition to the banquet, there will be several formal dinner parties.

Knowing what you need for such activities, let's plan the wardrobe. Simple dresses of dotted silkdark blue with white dots, white with black dots-are always in excellent taste. Worn with white in the way of collars and cuffs and gloves, they are ravishing, and correct for any daytime event. Adjustable capes make many daytime frocks a little more enchanting for late afternoon tea. Sheer, dark prints, non-crushable crêpes and non-crinkable cottons are accompanied by three-quarter length coats. Often the print will have a coat in solid color crêpe, or the cotton will have its white or brown or black finen coat. Some of these look like the old-fashioned duster brought up-to-date, and they are just as practical, for they may be worn over a number of frocks. A crepe frock, a wool frock in case of cool breezes, a linen suit of the heavier, uncrushable stuff, and a sheer dress with crepe coat, should really solve all daytime problems.

But if you anticipate scorching days, give a thought to the cottons. It is quite the thing to attend any summer event these days-even a conference, a tea, or a dinner-dance, looking as though you had just been scrubbed. The tub frocks are charming and inexpensive; so if you have room, and don't mind laundry bills, take one or two along. Cotton, gingham, linen -especially black linen-and piqué are the favorites. And while we are on the subject of cottons, you will find amusing diversion in the white piqué jackets which will add the right touch to your daytime frocks and can be worn over some types of evening frocks as well.

There are rumors of glamorous evenings on the water, or you may take a motor trip that demands a topcoat. A soft woolen coat, in the three-quarter length that is preferred now, will serve for such occasions, for street wear on cool days, for concerts and lectures at night.

For evening, smooth, well-cut lines are best. Demi-tasse dresses of organza or organdy are alluring as the night-stars, we admit, but remember what we said about beguiling young charms. And they have to be pressed repeatedly. You won't want to spend your time with a flatiron, or your money for valet service! But if you can't resist them, enchanting oranges and browns and yellows get together in fascinating designs. Black and white has a sophisticated note, and solid colors offer some competition. Many of these have small capes which are worn when you want a more or less informal evening dress, but are removed for more formal occasions

Chiffon is always a favorite for summer evenings and some designers prefer it. It is cool and cool-looking, it doesn't show wrinkles from age or stress of travel, and it clings alluringly. Black chiffon, relieved by a flash of white or color, will answer lots of evening purposes. Chiffon in your favorite colorwhether it be a candy-cane red or birthday-cake pink-is always a happy choice, and flowered chiffon also,

Having considered the main features of your wardrobe, let us now give a thought to the accessories. Plenty of gloves, for example. You need them in summer more than at any other time, and washable ones are best. In white, with the intriguing cuff variations, they will look smart with any outfit-but they must always be fresh, Don't rely on a worn-out bag. You can find inexpensive ones in linen and cotton fabrics that will look as though they had been made to fit your ensembles. You can find some of a washable material that merely calls for soap and lukewarm water.

As for shoes, there are smart sports models that will take you on any daytime jaunt, and linens that are cool as cool. For evening, plain crepe or linen, in white, or colors to contrast with your frock, are best. Simplicity in shoes is a permanent rule and comfort a prime consideration. There is no reason why smartness should be sacrificed, however.

And, above all else, remember your hat. It crowns the mode.

'Your hat will change your ensemble," Nicole says. "If you don't top your outfit properly you might as well sit by and stay at home. Learn how to put the hat on your head. Let the lines get in their work. Ninety-five per cent of women in America don't know how to put on their

Small hats, gay and careless, but oh, so carefully placed at the proper angle, still tilt their way through the summer. But larger hats are growing more and more in favor. For the sight-seeing ventures, you will appear cool and contented in one.

Remember that smartness, like makeup. may be only skin deep, but it is the surface view that gets you the second glance or your contract or new position, or the friendly contacts you want to establish in Chicago.

Following one color scheme-and this year the blue-and-white, and black-andwhite are favored-is smartest. Offsetting it with daring color flashes, sometimes because you want to and aren't afraid of anybody's notice, will give you indepenence and savoire faire, says Madame Nicole.

But on the whole, toe to the line. It's a becoming one this summer, with its fluffy evening effects, or long, slim silhouttes, and its straightforward daytime appeal.

If you are smartly dressed, people will decide that you are smartly intelligent. So put away the adolescent bows and roses. Try to catch a little of that knowledge that made Cleopatra tell Anthony that she had been down to Cairo once or twice, and caused Helen of Troy to pretend to Paris that she went to all the navy launchings. If your clothes are simple, personable, becoming, and express you, you'll keep your place forever in the gallery of favored people. Because-you will look as though you belong there.

"It always works," Madame Nicole in-



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saleswoman, to step into a well-paid hotel position and 'make good' from the very first day."

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